

Factors Which Decrease The Occurrence Of The Undesired Behaviour

What antecedents (environment, activity, people) lead to a decrease of the occurrence of the undesirable behavior. We want to look for activities and routines that have these factors, or build some of these factors into functional routines.

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The following are some examples for a sample student:

- when taking medication
- experiencing consistency and familiarity
- having communication attempts responded to
- experiencing frequent changes in activities (1-5 minutes)
- one-to-one involvement with someone
- engaging with an object with his hands
- listening to a calm voice
- listening to calm music in a darkened room
- changing his position
- coming into an activity when peers are already settled
- active participation - looking intently, reaching, handling and object, listening
- being free to explore
- swimming, swinging, moving in the car
- being outside (nice weather - sunny day)
- with familiar people and in predictable situations - routine
- having his position changed
- being given adequate time to transition to a new activity