

Sample Skills To Practice In Sewing Class

Secondary Elective

Communication

- make choices between fabrics (using either picture or real object choices) such as textures, colours, etc.
- make choices around accessories (using either pictures or object choices) such as thread colour, button styles, appliqués, lace, borders, etc.
- use a Voice Output Device (e.g., Step-by-Step Communicator) to provide reminders or directions from the teacher
- make choices between styles of outfits or patterns

Fine Motor & Participation

- use a switch with an AbleNet Powerlink to run a sewing machine (add vibration or light to the Powerlink to provide additional sensory feedback to your student if the sewing machine is quiet when running)
- where possible, reach or point for choice of materials using objects or pictures
- use sewing needle and finger cover with hand over hand assistance
- assist the student with set up and putting away the materials, to practice functional hand skills
- use hand over hand sewing skills to develop forearm rotation
- use bilateral skills to hold the fabric and sew with the other hand

Gross Motor Participation

- engage in activity while standing in a standing frame (to stretch legs)
- move to gather or put away materials for sewing project (mobility in wheelchair or walker)
- hand out directions to classmates or assist in collecting materials or worksheets

Vision

- where appropriate, work on vision skills as outlined by your vision teacher using the objects and/or pictures (eye contact, tracking, etc.)